

OTHER

RESOURCE LIST

Pathways Central Okanagan

https://central-okanagan.pathwaysbc.ca/service_categories/11

Extensive community directory on various community services and programs. Includes handouts, videos, websites, and available services and programs.



Child safety

<https://consumernotice.org/products/child-safety/babyproofing>

From safe sleep, to baby proofing essentials, this website provides information and tips on keeping your little one safe.

Car Seat Safety

<https://tc.canada.ca/en/road-transportation/child-car-seat-safety>

Choosing and installing a child car seat or booster seat, recall notices, safety and testing information.

Babys Best Chance

<https://www.healthlinkbc.ca/pregnancy-parenting/babys-best-chance>

Baby's Best Chance is a reference guide for parents. Topics covered include pregnancy, birth and parenting a baby up to six months of age.



PELVIC FLOOR PHYSIO

RESOURCE LIST

KLWNA Health and Wellness

<https://kelownahealthandwellness.ca/physiotherapy-services-in-kelowna/>

Physiotherapists Ali Brooke and Melissa Dessaulles
Suite 203 – 2689 Pandosy St.
(778) 484-2022

NeuMovement Physiotherapy

<https://www.neumovement.com/physiotherapy>

Physiotherapists Ali Brooke and Paulina Wegryzn
1974 Kane Road (250-712-0678)
205 3030 Pandosy Street (250- 762-8932)

Shine Physiotherapy

<https://www.shinetherapyservices.ca/>

Unit 104, 1680 Ross Road, West Kelowna
(778)734-2073

Kare Physiotherapy

<https://www.karephysio.com/>

Corrine Wade and Katie Hauck
1682 Willow Cres
(250) 717-7701



PELVIC FLOOR PHYSIO

RESOURCE LIST

Advanced Women's Health

<https://www.advancedwomenshealth.ca/kelowna-clinic>

Katie Hauck
1002-1708 Dolphin Avenue
778-363-4294
Book online or by calling

Red Fern Physiotherapy

<https://www.redfearnphysio.com/>

Kjersti Malinsky
4834 Carmel Crescent
(604) 341-0148

